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| **Company:** | | | | **Workplace Location:** |
| **Prepared by:** | | | | **Date:** |
| **TASK** | **HAZARD** | **LEVEL OF RISK** | **CONTROL METHOD** | |
| **Unroll water lines and plug into water pipe** | Slip/trip | **Low** | * Ensure proper non-slip footwear * Ensure greenhouse bay is clear of debris | |
| **Place spikes into plants** | Slip/trip on water lines | **Low** | * Ensure water lines are rolled out evenly and neatly * Ensure greenhouse bay is clear of any debris | |
| MSI from bending over | **Moderate** | * Bend at the knees, avoid twisting motion * Take micro breaks to stretch * Rotate jobs every 2 hours to avoid fatigue | |
| **Other Recommendations:** This task is physically demanding, consider having workers stretch before commencing, and encourage job rotation. | | | | |

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