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| **Company:**  | **Workplace Location:**  |
| **Prepared by:**  | **Date:** |
| **TASK** | **HAZARD** | **LEVEL OF RISK** | **CONTROL METHOD** |
| **Unroll water lines and plug into water pipe**  | Slip/trip | **Low** | * Ensure proper non-slip footwear
* Ensure greenhouse bay is clear of debris
 |
| **Place spikes into plants**  | Slip/trip on water lines | **Low** | * Ensure water lines are rolled out evenly and neatly
* Ensure greenhouse bay is clear of any debris
 |
| MSI from bending over | **Moderate** | * Bend at the knees, avoid twisting motion
* Take micro breaks to stretch
* Rotate jobs every 2 hours to avoid fatigue
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| **Other Recommendations:** This task is physically demanding, consider having workers stretch before commencing, and encourage job rotation.  |

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